

A Journey Through Stroke

Involving stroke survivors and their carers
in developing a Strategic Framework for
Stroke

30th October 2007

Who we are:

Valerie Muirhead

Chairperson of 'Patient Focus & Public Involvement' group of the Managed Clinical Network for Stroke

Pauline Fletcher

Health Improvement Team (Acute Planning)

Today's session will be:

- Relaxed
- Informal
- Informative

During today's session you will :

- See & hear about the **process** used to involve stroke survivors & their carers
- Have the opportunity to **ask questions**
- Have the opportunity to **reflect on your own practice** and learn from our experience

A journey through stroke ...where it all began

- Invited stroke survivors, carers and professionals to discuss the stroke pathway
- Stroke survivors and carers workshop focussed on the journey from acute through to post stroke
- This highlighted positive and negative areas of the journey, helping to develop the stroke strategy

Timeline

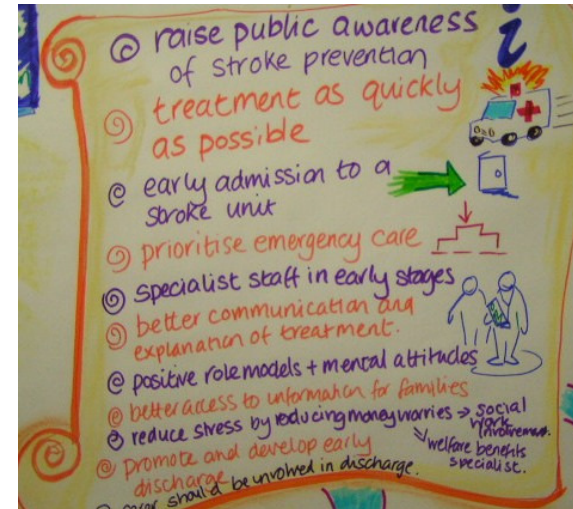
- Hampden stakeholder event (Oct 06)



- Val's presentation of journey to strategy group (Jan 07)

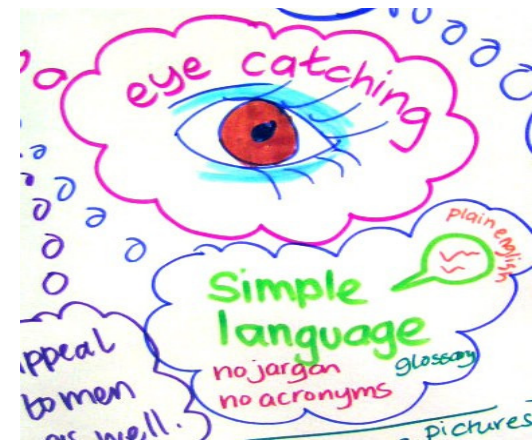
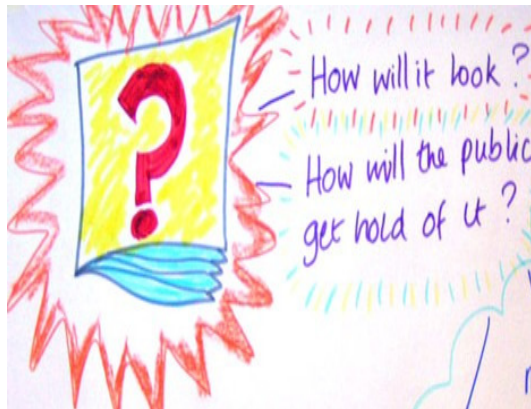
Timeline

- Feeding back the journey & key themes from Hampden (Jan 07)
- Val & Robert presentation of key themes to strategy group (Feb 07)



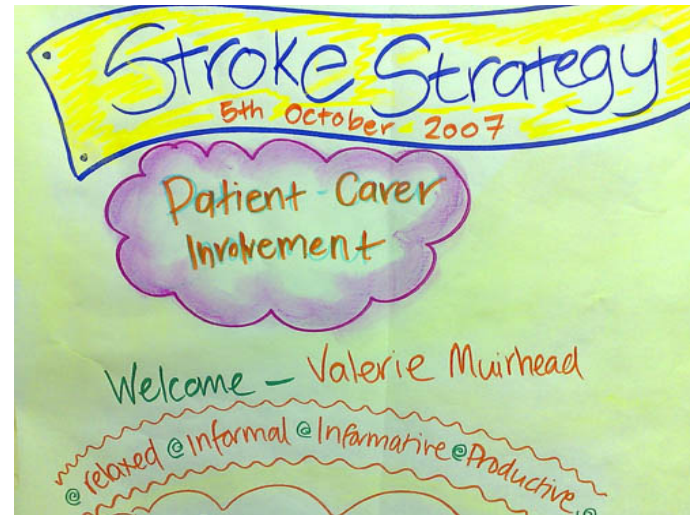
Timeline

- What should the strategy look like and distribution? (March 07)



Timeline

- Prioritising the recommendations with professionals (Oct 07)



- Next step...Producing 'user friendly' version & distribution

Conclusions

- Dialogue works
- Sharing of knowledge
- It takes time
- Stroke survivors, carers and professionals feel it has been a useful process